

Beast Form

Stay wild: when the hardship of the wild makes you long for Human comforts, roll -Easy (you cannot add the turn die for this). On 10+, you don't need to mark stress. On 7-9, mark one stress.

Be understood: when your Human tongue betrays your candid nature, roll -Tactful. On 10+, choose two. On 7-9, choose one.

- » You don't betray your nature and don't mark exposure.
- » Your meaning is clear and firm.
- » You don't appear weak or able to be manipulated.

Free the Beast: when your Human nature holds you back and you need to let go, roll -Subtle. On 10+, choose two. On 7-9, choose one.

- » You don't resist causing damage or trauma.
- » The Beasts around you are not suspicious and you don't mark exposure.
- » You don't mark stress.

Prioritize: when you must put yourself first, roll -Generous. On 10+, recover one stress. On a 7-9, choose one.

- » You don't mark stress.
- » Your Beastly fellows don't see your weakness and you don't mark exposure with your animal group.
- » You don't gain exposure when you return to Human form with your Beast nature.

Human Form

Have restraint: when the stresses of your Human life bring out your Beast, roll -Primal (you cannot add the turn die for this). On 10+, you don't need to mark stress. On 7-9, mark one stress.

Mind your manners: when your Beast threatens to speak first, roll -Honest. On 10+, choose two. On 7-9, choose one.

- » You don't betray your nature and don't mark exposure.
- » You don't cause offense with your directness.
- » You don't give too much information or reveal an uncomfortable truth.

Tread softly: when your Beast defies your attempts at finesse, roll -Forceful. On 10+, choose two. On 7-9, choose one.

- » You leave behind no sign of your Beast and don't mark exposure.
- » You cause no collateral damage to people or things.
- » You don't mark stress.

Have a heart: when the time comes for compassion and the Beast is careless, roll -Amoral. On 10+, choose two. On 7-9, choose one. If a shifter you comfort has a full stress track, it is erased back to 0 stress and they return to their opposite form.

- » You offer the comfort they need and they can erase one mark of stress.
- » You don't mark stress.

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